

2024 REGION 9 GYMNASTICS CHAMPIONSHIPS

April 6 - 7, 2024

*US Air Force Academy
Colorado Springs, Colorado*



Welcome to the 2024 Region 9 Gymnastics Championships!

FINAL SCHEDULE!!

Saturday April 6, 2024

Session 1 – Level 3

**8:00 am – Open Stretch
8:20 am – March In
8:30 am – Timed Warmups
10:30 am – Awards**

Session 2 – Level 4

**10:30 am – Open Stretch
10:50 am – March In
11:00 am – Timed Warmups
1:00 pm – Awards**

**Admission: \$20 / Session
(Cash Only) Children under 2 are free**

Welcome to the 2024 Region 9 Gymnastics Championships!

FINAL SCHEDULE!!

Saturday April 6, 2024 (continued)

Session 3 – Level 5

1:00 pm – Open Stretch

1:20 pm – March In

1:30 pm – Timed Warmups

4:00 pm – Awards

Session 4 – Level 6 and Tech Sequences

4:00 pm – Open Stretch

4:20 pm – March In

4:30 pm – Timed Warmups

8:00 pm – Awards

Admission: \$20 / Session
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Region 9 Board and Coaching Staff Meeting
Immediately following awards – THIS MEETING
WILL INCLUDE INFORMATION ABOUT THE
REGION REORGANIZATION SO ATTENDANCE IS
STRONGLY ENCOURAGED

Welcome to the 2024 Region 9 Gymnastics Championships!

FINAL SCHEDULE!!

Sunday April 7, 2024

Session 5 – Level 7 and Platinum

8:00 am – Open Stretch

8:20 am – March In

Seniors and Academic All-American Recognition

8:40 am – Timed Warmups

11:00 am – Awards

Session 6 – Levels 8 and 9

11:00 am – Open Stretch

11:20 am – March In

Seniors and Academic All-American Recognition

11:40 am – Timed Warmups

2:30 pm – Awards

Session 7 – Level 10

2:30 pm – Open Stretch

2:50 pm – March In

Seniors and Academic All-American Recognition

3:00 pm – Timed Warmups

6:30 pm – Awards

**Admission:
(Cash Only)**

**\$20 / Session
Children under 2 are free**